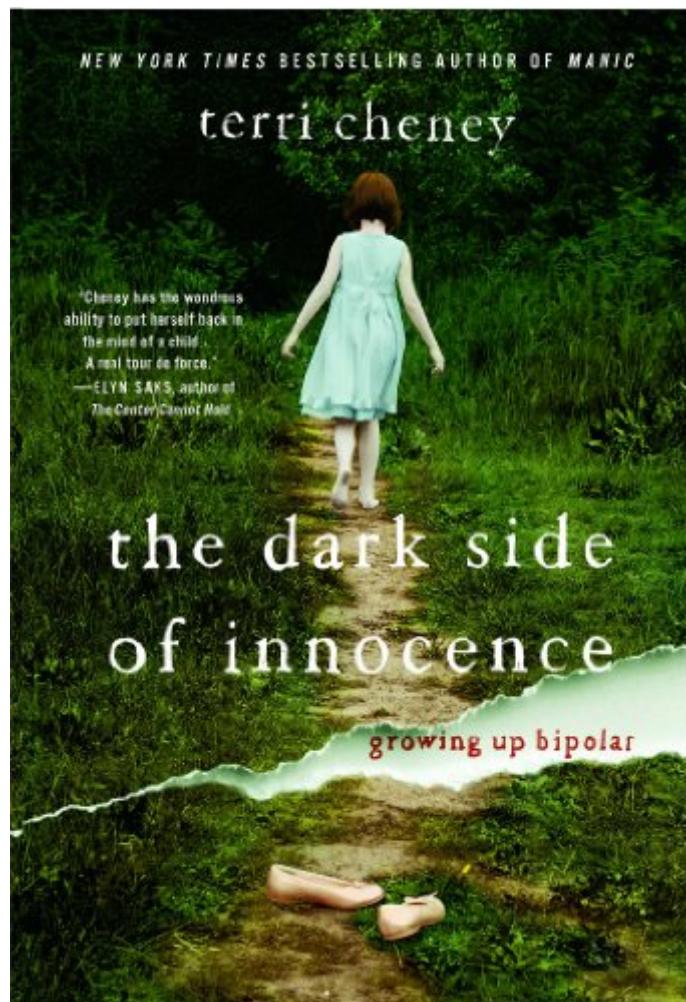


The book was found

The Dark Side Of Innocence: Growing Up Bipolar



Synopsis

â œKilling yourself at any age is a seriously tricky business. But when I was seven, the odds felt insurmountable.â • As a young girl, Terri Cheneyâ ™s life looked perfect. Her family lived in a lovely house in a tranquil Los Angeles suburb where the geraniums never once failed to bloom. She was pretty and smart, an academic superstar and popular cheerleader whose father doted on her. But starting with her first suicide attempt at age seven, it was clear that her inner world was anything but perfect. â œThereâ ™s something wrong with her,â • her mother would whisper, her voice quivering on the edge of despair. And indeed there was, although no one had a name for it yet. Hostage to her roller-coaster moods, Terri veered from easy A-pluses to total paralysis, from bouts of obsessive hypersexuality to episodes of alcoholic abandon that nearly cost her her life. Throughout Terriâ ™s chaotic early years, nothing was certain from day to day except this: whatever was so deeply wrong with her must be kept a secret. Thirty years later, Terri wrote *Manic*, a harrowing memoir that revealed her adult struggle with bipolar disorder. It became an instant New York Times bestseller and received passionate critical acclaim. But it didnâ ™t tell the whole story. The mystery of Terriâ ™s childhood remained untouchedâ ” too troubling, too painful to fathom. *The Dark Side of Innocence* explores those tumultuous formative years, finally shattering Terriâ ™s well-guarded secret. With vivid intensity, it blends a pitch-perfect childlike voice with keen adult observation. *The Dark Side of Innocence* provides a heart-rending, groundbreaking insiderâ ™s look into the fascinating and frightening world of childhood bipolar disorder, an illness that affects a staggering one million children. This poignant and compelling story of Terriâ ™s journey from disaster and despair to hope and survival will serve as an informative and eye-opening tale for those who would trust a flawless facade.

Book Information

File Size: 1445 KB

Print Length: 290 pages

Publisher: Atria Books; Reprint edition (March 1, 2011)

Publication Date: March 1, 2011

Sold by:Â Simon and Schuster Digital Sales Inc

Language: English

ASIN: B0043RSJY0

Text-to-Speech: Not enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #192,580 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #112 in Books > Health, Fitness & Dieting > Mental Health > Bipolar #112 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Child Psychology > Development #410 in Books > Medical Books > Psychology > Mental Illness

Customer Reviews

In 2008, Terri Cheney published an honest and moving memoir, *MANIC*, about her life with bipolar disorder. In her introduction to *THE DARK SIDE OF INNOCENCE*, she notes that one of the questions she received most frequently when her first book came out was how old she was when she realized there was something wrong. Though for years she answered "sixteen," she knew that her mental illness manifested much earlier. She came to see that an exploration of her childhood bipolar disorder was an important, if difficult part of her story that needed to be told. *THE DARK SIDE OF INNOCENCE* relates to readers a childhood troubled by mood swings, hypersexuality, intellectual achievement and enslavement to what she calls "the Beast." From an early age, Cheney recalls being at the mercy of a powerful internal force. While it often spurred her to greatness in academics and social success, it also drove her to stab her older brother's hand with a fork over a typical sibling squabble, write morose poetry and contemplate suicide at seven years old. Growing up in sunny suburban southern California in the 1960s and 1970s may have seemed dreamy from the outside, but Cheney's interior life was a nightmarish roller coaster of emotions coupled with dysfunctional family dynamics. At times, the dynamic of her whole family becomes the focal point of the story, and often it is the most interesting component of the book. The members of Cheney's family were clearly divided: her mother and brother on one side, and she and her father on the other. It is hard in her telling to discern if the tension in the house stemmed from her often erratic and dangerous behavior, or if her mental health was just a lightning rod for the problems inherent in her parents' marriage.

[Download to continue reading...](#)

The Dark Side of Innocence: Growing Up Bipolar Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder Facing Bipolar: The Young Adult's Guide to Dealing with Bipolar Disorder BIPOLAR DISORDER: Bipolar Disorder Survival Guide (SECOND EDITION) Maps to the Other Side: Adventures of a Bipolar

Cartographer (Real World) Codex Alternus: A Research Collection Of Alternative and Complementary Treatments for Schizophrenia, Bipolar Disorder and Associated Drug-Induced Side Effects (Revised Edition) Growing Marijuana: Beginner's Guide for Big Buds - step by step (How to Grow Weed, Growing Marijuana Outdoors, Growing Marijuana Indoors, Marijuana Bible) Marijuana: Growing Marijuana, Beginner's Guide for Big Buds - Step by Step (How to Grow Weed, Growing Marijuana Outdoors, Growing Marijuana Indoors, Marijuana Bible) Cannabis:The Beginners Guide on How to Start Growing Marijuana Plants at Home (Cannabis, Cannabis Growing, Marijuana, Marijuana Growing, Marijuana Horticulture) Cannabis Success: The Easiest Guide on Growing Large Marijuana Plants at Home (Cannabis, Cannabis Growing, Marijuana, Marijuana Growing, Medical Marijuana, Medical Cannabis, Hydroponics) Stolen Innocence: My Story of Growing Up in a Polygamous Sect, Becoming a Teenage Bride, and Breaking Free of Warren Jeffs Dark Fetishes Vol. 1 : (DARK EROTICA): Taboo Erotica (DARK EROTICA SERIES) The Gospels Side-by-Side Side by Side: Student Book 1, Third Edition Side by Side Book 1 (Bk. 1) Managing Your Family's High-Tech Habits: (From Video-Games to the Dark Side of the Web) Camera Technology: The Dark Side of the Lens Truth Be Told: A journey from the dark side of OCD The Dark Side of the Light Chasers: Reclaiming Your Power, Creativity, Brilliance, and Dreams

[Dmca](#)